

Friday, October 25, 2019

A DAY FOR TEACHERS (ADFT)

Bridging the Gaps: from Theory to Practice

Co-hosted by Healthy Dancer Canada (HDC) and the IADMS Dance Educators' Committee

- 8.30 - 9.00 am Registration; tea, coffee and light breakfast
- 9.00 am **Opening remarks**
Karine Rathle MSc, HDC president
[Opera C, Moderator Andrea Kozai](#)
- 9.00 - 10.00 am **Moving to move: an approach to the art of technique**
Angelique Wilkie MSc
[Opera C, Moderator Andrea Kozai](#)
- 10.00 - 10.15 am Refreshments break
- 10.15 - 11.30 am **'World Café'** (1) Balance board - friend or foe? Claire Hiller and Gayanne Grossman, (2) How much is too much? Beverley Hutchinson, Liza Kovacs
(3) Can vegans dance? Monika Saigal RD, CEDRD-S, Dawn Smith-Theodore, Jasmine Challis, (4) The stretching debate. Jen Deckert & TBD
[Symphonie 2 \(roundtable setting\), Moderator Margaret Wilson](#)
- 11.30 am - 12.30 pm (choose one)
Building anatomical fluency through creative practices
Megan Brunsvold Mercedes BFA, MFA
[Symphonie 1, Moderator Michael Rowley](#)
- Utilizing strategies from motor learning to enhance verbal cueing for dancers**
Lisa Donegan Shoaf DPT, PhD & Judith Steel MA, CMA
[Symphonie 3, Moderator Sarah Kenny](#)
- 12.30 - 2.30 pm Lunch with Dance Educators Roundtable discussions (*lunch ticket to be bought)
[Ovation \(Shared space with Student Networking Lunch\)](#)
- 2.30 - 3.30 pm **Dancers' perceptions of strength and conditioning training**
Melanie Kerr MSc, BA(Hons) & Imogen Aujla MSc, PhD
Injury associated with dance education: a systematic review
Meghan Critchley MSc
The effect of the Flipped Classroom Model on altering knowledge and behavior in collegiate dancers
Margaret Willoughby MS & Mary Petrizzi MS
Gender separation in training: right or wrong?
Elizabeth Yutzey MFA & Emma Redding MSc, PhD
[Opera C, Moderator Frances Clarke](#)
- 3.30 - 3.45 pm Refreshments break
- 3.45 - 5.00 pm **2020 vision: stress less, create more resiliency and self-care**
Lynda Mainwaring PhD, C.Psych
[Symphonie 3, Moderator Gayanne Grossman](#)
- 5.00 - 5.30 pm **Review, reflection and actions from the day**
Dance educators' committee chair, IADMS
[Symphonie 3](#)