



# Healthy Dancer Canada

The Dance Health Alliance of Canada

## HDC Conference 2016

### Dancing Through Life

#### FREE Pre-Conference Events

Saturday September 24, 2016, Dance Saskatchewan Inc. (DSI)

- 2:00 pm - 3:30 pm Works In Progress (WIP) Dance Workshop (Newton Moraes0)
- 3:30 pm - 4:30 pm Safe in Dance International (SiDI) Information Session (Karine Rathle)
- 3:00 pm – 5:00 pm HDC Dancing Through Life Check In/Meet & Greet, DSI
  - 2:00 - 5:00 pm Studio 2: BIG IDEAS Questions & Play (Sherron Burns, Ashley Johnson)
  - 4:00 - 5:00 pm Studio 3: Gestural Lines – Drawing the Dancing Body (Sherron Burns, Ashley Johnson)
- 8:00 pm WIP (Works-in-Progress) Showing at FreeFlow Dance Centre

#### Conference Presentations

Sunday September 25, 2016, Dance Saskatchewan Inc. (DSI)

- Performance: LOOPS AND CRINKLES (Connie Moker Wernikoswski, Katrina Currie, Evelyn Currie, Elle Wernikowski)
- Workshop: DANCE IN A SMALL WORLD: UNDERSTANDING THE IMPORTANCE OF MOVEMENT IN THE EARLY YEARS CLASSROOM (Ashley Johnson, Sherron Burns)
- Workshop: SOMATIC PRINCIPLES IN DANCE: EXPLORING THE INTEGRATION OF SOMATIC PRINCIPLES IN DANCE AND MOVEMENT EDUCATION (Karine Rathle)
- Seminar: BALLET AS SOMATIC PRACTICE: A CASE STUDY EXPLORING THE INTEGRATION OF SOMATIC PRACTICES IN BALLET PEDAGOGY (Tanya Berg)
- Workshop: THE 'BREAKALIGN METHOD' (Nefeli Tsiouti)
- HDC Annual General Meeting (Andrea Downie)
- Panel: HOW CAN WE INTEGRATE HEALTH CARE WITH STUDIO LIFE? (Tanya Berg, Andrea Downie, Jo-Anne La Fleche, Karine Rathle, Bonnie Robson)
- Workshop: THE BODY-SELF OF THE BALLERINA : IMPACT OF SOMATICS ON DANCERS' BODY IMAGE AND SELF-ESTEEM (Jo-Anne La Flèche)
- Seminar: DANCE LEARNING: LEARNING DANCE (Ann Kipling Brown)
- Workshop: EMBODIED MEMORY AND KINESIOLOGY AS FACILITATORS IN DANCE TEACHING FOR THE ELDERLY (David Outevsky)
- Panel: WHAT IS IMPORTANT TO KNOW ABOUT DANCE HEALTH AND WELLNESS? (Jenna Lee Hay, Ashley Johnson, Jo-Anne La Flèche, David Outevsky, Nefeli Tsiouti)